

PHONE: 877-485-2372

Aging Advisory Committee
Meeting Notice

Polk County:
November 6, 2012, 8:45am
ADRC Conference Room
Polk Co. Government Center

Burnett County:
November 1, 2012 1:30-3:00
Room 162/163
Burnett Co. Government Center

Agenda

- I. Call to Order
- II. Approval of Agenda
- III. Approval of Minutes of previous meeting
- IV. Future meeting date and time
- V. Reports
 - 1. ADRC Board
 - 2. ADRC Director
 - 3. 2013-2015 Aging Plan
 - 4. Nutrition/Caregiver/Prevention
 - 5. Transportation/Benefit Specialist
- VI. Round Table Discussions
- VII. Adjourn

These meetings are open to the public. Please encourage other interested persons to attend.

Polk County Aging Advisory Committee
November 6, 2012

Present: Pat Schmidt, Karen Krupa, Joyce Bergstrand, Viola Karr

Meeting called to order: 9:46 by Pat Schmidt

Motion was made to approve agenda by Joyce Bergstrand Seconded by Viola Karr.
Motion carried: unanimous

Future meeting date & time: January 8 at 8:45am

Motion was made to approve Minutes from October 9, 2012 by Joyce Bergstrand
Seconded by Karen Krupa. Motion carried: unanimous

ADRC Board Meeting: Karen Krupa asked about the Transportation Corp re: gas
purchased at the county rate. Director Neve explained. Discussion.

The question was asked if the county is required to provide a lift service. Director Neve
stated there are guidelines within the DOT grant that there are services available. If we
cannot show it is available then we will lose part of that DOT grant.

ADRC Director Report:

Aging Plan: Pat Schmidt pointed out that there is one change she sees under Section 1
and structure of the ADRC Judy Brusletten is listed and should be Liz. Laura stated that
adjustment has already been made as she had noticed it already. Director Neve states the
only change is wording of the goals to fit the format the state requires.

Laura stated the Public hearings were held and one person showed up in Frederic at the
evening session.

Discussion on the Aging Plan...

Section 4A: Home & community based services – We do have a great base of services –
some areas built up a bit more – need marketing and outreach and what other programs
are out there as in Interfaith Caregivers. In doing that we get a greater need and then we
need to tweak the program in that area.

2013 Goal: Polk County Fair Hospitality Center – Tonya Eichelt explained we need to
increase awareness of the ADRC. We are looking at a hospitality center at the Polk
County Fair. We will start in Polk County and then extend it into Burnett. We will take
baseline data the first couple of years to see how we are doing. Whatever we need to do
we will try to do to get this up and running. We will be at the next Fair board meeting to
get it together. It will be in the Clover buds bldg.

In Siren they are starting intergenerational matching; Dawn Sargent is in Interfaith Caregivers and school committees. Dawn is working on a more strategic way to make these matches. They will be starting with the Frederic school district. Feed back will be from the senior citizens. The Siren office has the Friendly Visitor Program that is just getting started. There is more development issues with this regard in the Siren office. There really was a lack of awareness for assistance for caregivers and that is why this is a program in Burnett we are trying to develop.

Fairs – are done of course and all went well.

Older American Act program. We decided to put our main focus on nutrition. Marsha Stoeberl has explained nutrition education at sites. Marsha will be going to each site quarterly with hand outs, samples of food, recipes, in an attempt to increase the congregate dining numbers. At all the sites except in Frederic we have more delivered meals then eat in.

Section C – Alzheimer’s Disease Focus – discussion. We want to get the group up and going again in both Polk and Burnett. The goal is to get the group re-established and have regular scheduled meetings along with a caregiver conference. There is one already in process in New Richmond but we do not have one in the Siren area. We will also be looking at memory and brain health information for the final year of the plan.

Emergency preparedness: Dawn Sargent is the staff member taking the lead on this programming. Dawn has submitted a grant with Emergency Government. We are looking at different groups for an emergency registry. These groups generally have someone who is in the know. We want to benefit from the talented people who just know things but we want to have an identified person in each group. Education needs will have to be maintained with one person from here to gather that information. In our offices there is no way to keep that information up to date. This way we will have the information a bit more current as we will be getting the information from that special person in each designated group. This way we will have specific people to contact who will have the information on hand. Joyce Bergstrand asked about getting information from the town boards, Senior Centers, etc. Pat Schmidt suggested working with the township maintenance men. Personal emergency plans need to be established. We want to get on going emergency planning information into the newsletters.

Evidence prevention planning, there are some changes on Federal programming levels. The Powerful Tools for Caregivers is a program already in place Polk. We are looking at how we build that up. It is a wonderful resource that has not been utilized so we believe we need more marketing in that area.

Family Caregiver Support: We need to increase the recognition out into the community specifically geared to caregivers as a direct support program. We can use this support group for education and outreach as well. One outreach for ADRC will be for private pay caregivers and their needs. We have needed to increase options counseling and

helping with caregivers. Provide discussion of support available along with informational workshop series, such as Power Tools of Care Givers. We attempted to hold a workshop in Polk County but we didn't stress that respite was available. We have started up a loan closet over the past year and in addition to the durable medical we want to add some technology items that people can try.

Transportation issues: We have had some missed or late rides due to lack of communication. We are getting a dispatching system and then monitoring those numbers. We are trying to get the Senior Voices and Sentinel newspapers into one. We are looking to get them together between the two counties. Home delivered meal service clients will be given an emergency food pack. We will try to deliver packs to all home bound with nonperishable items to the meals on wheels recipients. This is our target group and hoping to get community involvement in packing the boxes. We will have notes in there to tell them not to eat them unless weather emergency.

We will be redoing our website to make it a little more user friendly.

Motion was made to recommend forwarding the Aging plan to the ADRC Board for approval by Joyce Bergstrand Seconded by Karen Krupa. Motion carried. Unanimous.

Transportation Application – 85.21/53.10 Volunteer Transportation program the difference between the programming 85.21 – 53.10 is purchasing.

Accessibility of the transportation program itself can help those that are non-ambulatory however; they have to be able to transfer to a car. We are still contracting in 2012 with the Transportation Corp. We are looking at expansion with at least one lift van and one bus. (ADRC transportation program) Discussion. In 2008 the State required coordination meetings which will be taking place again in 2013. We have pulled together documents from the 2008 meeting. Page five identifies what is to take place, actions needed and who is responsible. It also shows resources available, identifying the needs and gaps.

Service priorities: We need to specify priorities such as medical, nutritional, and employment needs. We are taking this opportunity to get both Burnett and Polk under the same guidelines. ADRC NW WI will sponsor and utilize the programs and volunteers will do the non lift transport. The Transportation Corp. will do the lift van service pending a change in Transportation Corp. We now have twenty-five volunteer vehicles and 6 lift vans. Hours are based upon need and availability. Discussion. Eligibility – Logisticare MA – 60 and up or disabled of any age are eligible along with the disabled of any age.

Revenue policy: monthly statements are sent out and a co-pay amount will be expected. Any funds coming into Polk stays in Polk and funds coming into Burnett will stay in Burnett.

Co-payment fee schedule: Veterans only pay \$20 and Laura will make sure that is in the plan. The fee schedule needs to go through the board first. If people cannot afford the co-pay, there are waivers available to get them eligible for services.

Polk County did not have a trust fund account set up at the State. We are looking into the procedure for that. Laura states they are looking to get a trust setup in the near future. The trust is just for the 8521 funds. We need to have a goal for this fund and we are working on that.

A projected budget was given out; of course this is primarily administrative costs and volunteer driver reimbursement – postage, paper, office support and insurance costs. It was asked about expenses, how much are they anticipating getting back from revenue and how we will cover the costs.

Local review: ADRC has taken over management of the aging programs. The aging population did have opportunity to discuss this at the public hearings. An ad ran for two weeks in the local paper and was posted at the meal sites. The plan needs to be submitted to Crystal Peterson to review on behalf of the tribe and document any input she has and the outcome of the public hearings.

Motion was made to approve the transportation program application by Karen Krupa
Second by Viola Karr. Motion carried - unanimous

Marsha Stoeberl gave an update on the Clear Lake free meal week of Oct 22. Marsha stated we had a good turnout with Thursday of that week the lowest with 29 people and Monday the busiest with 43. Since that week we are back to normal donations and we have dropped down considerably between 4 – 8 people. We would like to get at least 10 and 15 established clients coming on a regular basis.

Tonya Eichelt gave her report – ADRC NW WI was not accepted for the dementia specialist; however, we are moving forward and will try to do it on our own. There is a new memory care unit being built in Amery. The 60 bed Memory Care facility is being built on the old Amery Middle School site.

Pat Schmidt attended a meeting of citizens in Luck that are concerned about housing for the elderly; those who are self-sufficient are not poor but able to pay their own way. Their concern is as they get older they don't want a big yard or house. Where will those people in the community go? As the baby boomers grow older there is a larger need for those types of facilities. There are not a lot of choices for housing in the area for those types of folks. Luck is starting to look at this need. The group is called 3rd Act.

Motion to adjourn was made by Joyce Bergstrand Second by Karen Krupa Motion carried - unanimous.

Adjourned at 10:26am

Respectfully submitted: Deb Miller