

Polk County

Aging Programs.... *Offering programs that...*

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POLK COUNTY NUTRITION PROJECT COUNCIL

MONDAY, February 28, 2011-10:30AM

Frederic Meal Site

Frederic Senior Center

109 Elm Street West

Site phone number: 715 327-4112

PUBLIC WELCOME TO ATTEND

- Call to Order
- Introductions
- Minutes
- Financial Report

OLD BUSINESS

- Senior Dining Site Reports
- Congregate and Home Delivered Meal Donations
- Staff update

NEW BUSINESS

- Spring/Summer menu: draft menu
- 2010 statistics
- 2011 nutrition program changes: update
- 2011 goals: Council input
- Advocacy for the nutrition program
- Information/Council observations
- Next Meeting Date and Location
- Adjourn
-

This meeting is open to the public according to Wisconsin State Statute 19.83. Persons with disabilities wishing to attend and/or participate are asked to notify the County Clerk's office (715-485-9226) at least 24 hours in advance of the scheduled meeting time so all reasonable accommodations can be made. Requests are confidential.

Polk County Nutrition Project Council
Monday February 28, 2011

Viola Karr called the Polk County Nutrition Project Council meeting to order at 10:45 am at Frederic Senior Dining on Monday February 28, 2011.

Members present: Viola Karr, Bev Cree, Hazel Hoffman and Nina Hoverman

Absent: Isabelle O'Connel

Others Present: Pat Schmidt, Joyce Bergstrand and Kari Flom

Introductions: Introductions were done.

Minutes: The minutes of the August and November 2010 meeting were shared with the group. Motion by Hazel second by Bev to approve the August and November 2010 minutes. All in favor. Motion passed.

Financial Report: The December 2010 fund balance was presented. Discussion was held on the financial report.

Senior Dining Site Reports: The December 2010 and January 2011 Senior Dining Site reports were distributed. Discussion was held on the dining site statistics.

Congregate and Home Delivered Meal Donations: The information was distributed to the group listing congregate donations via the senior dining site reports. Discussion was held on the donations for the meals.

Staff update: One new hire for the substitute 'pool' has been trained for the Dresser and Frederic sites. One of the site managers has been having health issues and utilization of substitutes has kept the site running.

Spring/Summer menu: draft menu: The draft menu is not available from A'viands. The Spring/Summer menu will begin either April or May 2011. Discussion was held on suggestions for the spring/summer menu items. Kari will forward these requests to the A'viands kitchen manager/regional manager.

2010 statistics: Kari distributed the year end information for the meal sites along with state wide information on meal sites from the Greater Wisconsin Agency on Aging Resources for the fiscal year.

2011 nutrition program changes: update: Since January 1, 2011 the meal sites have been closed on Wednesdays (providing a frozen meal for Wednesdays and weekends). Two community restaurants have begun offering a Wednesday Senior Noon meal.

2011 goals: Council input: Kari requested feedback on goals from the group for the Nutrition program. Discussion was held and ideas shared on goals for 2011 for the nutrition program. Goal 1: increasing the number of in-house diners. Goal 2: Service 7 days a week (currently we offered seven meals/week through hot meals and frozen meals). Goal 3: Annual nutrition survey to all registered diners: active or not. Goal 4: Increase of activities at the meal sites to attract diners for in house meal.

Advocacy for the nutrition program: Kari shared information from the Greater Wisconsin Agency on Aging Resources regarding advocacy and the power of one. During these difficult economic times and the growth of the Senior population, now is the time to advocate for Senior programs including the nutrition program.

Information/Council observations: Kari shared a circumstance regarding a Frederic meals on wheels participant being found on the floor, emergency services were contacted and the participant was taken for medical care. Kari also shared that the annual nutrition program assessment will take place on March 11, 2011 and during the month of March is National Nutrition Month.

Next meeting date and location: The next meeting will be held at the Milltown meal site on **Monday, May 16, 2011** at 10:30am.

Adjourn: Motion by Nina second by Hazel to adjourn at 11:40am. Motion passed. All in favor.

(Pending approval at the meeting of the Nutrition Project Council, May 16, 2011)