

Polk County

## **Aging Programs....** *Offering programs that...*

100 Polk County Plaza, Suite 190

Balsam Lake, WI 54810-8009

Phone: 715 485-8599 Fax: 715 485-8598



### POLK COUNTY COUNCIL ON AGING

**October 12, 2010 8:30am**

POLK COUNTY GOVERNMENT CENTER, CONFERENCE ROOM A & B

PUBLIC IS WELCOME

8:15 am Finance Committee Reviews Aging and Health Invoices (Harry Johansen, Karen Krupa and Viola Karr)

8:30 am

Call to Order  
Introductions

Approval of Agenda  
Minutes  
Financial Report, Bills

Public Comment

#### **OLD BUSINESS**

- Board member recruitment update
- Nutrition Program budget for 2010 and 2011
- A'viands update: menu and 2011 rate

#### **NEW BUSINESS**

- 2011 Budget: analysis of levy reduction options
- 85.21 transportation grant: resolution
- Report on the Greater Wisconsin Agency on Aging Resources network training: Pat Schmidt
- Upcoming Out-of-County Meetings
- Information/Committee observations: upcoming Wisconsin Counties Association seminar
- Next Meeting Date and Finance Committee meeting date
- Adjourn

Patricia Schmidt, Chair  
Council on Aging

Kari Flom, Director  
Polk County Aging Programs

This meeting is open to the public according to Wisconsin State Statute 19.83. Persons with disabilities wishing to attend and/or participate are asked to notify the County Clerk's office (715-485-9226) at least 24 hours in advance of the scheduled meeting time so all reasonable accommodations can be made. Requests are confidential.

## COUNCIL ON AGING

October 12, 2010

The Polk County Council on Aging met in conference room A & B in the Polk County Government Center in Balsam Lake on October 12, 2010.

Present: Janice Nelson Warren Nelson  
Karen Krupa Pat Schmidt  
Viola Karr Harry Johansen  
Kristine Kremer-Hartung

Others Present: Kari Flom

Call to Order: Pat Schmidt called the meeting to order at 8:30 am.

Introductions: None

Approval of Agenda: **Motion by Hartung and second by Johansen to approve the agenda. Motion passed. All in favor.**

Minutes: Minutes from the September Council on Aging meeting were distributed.  
**Motion by Hartung and second by Krupa to approve the September minutes. Motion passed. All in favor.**

Financial Report and Bills: The fund balance was handed out to the group. The current bill list was distributed. Discussion was held on the current bill list and fund balance.  
**Motion by Hartung second by Karr to approve the fund balance along with the bills. Motion passed. All in favor.**

Public Comment: None

Board member recruitment update: the applications for a community member for the Council on Aging are with Administrator Frey. A selection will be made and hope is that the member will be in attendance at the November Council on Aging meeting.

Nutrition Program budget for 2010 and 2011: Flom shared ideas and information regarding efficiencies or changes for the nutrition program to reduce the budget shortfall for 2010 and anticipated shortfall in revenues for 2011.

The casual status substitute site workers have been reimbursed mileage when they are working for a regular site worker. Due to the shortfall for 2010 and the reasonable wage provided to the casual status substitute site workers it is recommended to discontinue mileage reimbursement for the casual status substitute site workers. Discussion was held on the topic. **Motion by Hartung second by W. Nelson to discontinue mileage for casual status substitute site workers effective November 1, 2010. Motion passed. All in favor.**

Flom shared ideas on freeze of travel/training for nutrition program management, a request for additional Nutrition Services Incentive Program dollars through the Area

Agency on Aging and the beginning of 'marketing' the Senior Dining beyond our regular avenues.

Flom shared with the group the article in the October Senior Voices regarding the economic situation of the nutrition program and results that we've seen so far. Two individuals receiving Meals on Wheels, who have never contributed to the meals, sent in donations along with donations from two community members not receiving service from the Meals on Wheels program.

Flom shared that the Personnel Committee is recommending no cost of living increase for non represented employees (Flom and the meal site staff). The county board will be deciding that topic at a future county board meeting.

Flom informed the council that she will begin working with the landlords of the five meal sites regarding the rental rates for 2011.

Discussion was held on the possibility of further expense cuts to the nutrition program centered on the reduction of service days from five to four. On the proposed reduction day, a frozen meal can be offered to interested participants with a friendly visit phone call for a touch base. The office staff will provide the friendly visit phone calls. Interfaith has also shown interest in providing the friendly visit phone calls. Discussion was held on the topic. **Motion by Hartung second by J. Nelson to reduce service days from five to four for the meal sites and meals on wheels with the reduction day being Wednesdays starting on January 1, 2011. Motion passed five to two.**

A'viands update: menu and 2011 rate: The October menu was shared via Senior Voices. In late September a meeting was held with A'viands regarding the potential increase in per meal cost for 2011 (consumer price index increase). Flom is working with A'viands on how to minimize the increase for 2011.

2011 Budget: analysis of levy reduction options: a copy of the form requested by department of administration for non mandated programming was shared with the Council on Aging board. Information to the elimination of the Aging Department was included in the form in regards to affected departments, fiscal impact, impact on service delivery and disadvantages for Polk County Seniors.

85.21 transportation grant: resolution: The resolution for authorizing funds and application for state funds for transportation of the elderly and disabled was distributed to the Council members. Discussion was held on the funding source for this resolution with \$122,629 from the State and a 20% match from the County. The 20% match has been written into the Aging Department 2011 budget. **Motion by Hartung second by J. Nelson to approve the resolution for authorizing funds and application for state funds for transportation of the elderly and disabled. Motion passed. All in favor.**

Report on the Greater Wisconsin Agency on Aging Resources (GWAAR) network training: Pat Schmidt reported on attending the GWAAR conference. One of the sessions for board members was regarding communities and the hidden gifts of Seniors that need to be shared with community. Some of the hidden gifts included the gift of listening, the gift of slowing down, the gift of simple things, the gift of relationships and

bringing together individuals along with the gift of living final days. Pat attended a session on creating an effective governing board and the silver tsunami that will be arriving within the next 20 years.

Janice Nelson shared with the group her experience of delivering meals on wheels for the Milltown site when the van drivers were away at training.

Upcoming Out of County meetings: The out of county meeting calendar was handed out to the Council on Aging members. **Motion by Johansen second by W. Nelson to approve the out of county meeting calendar. Motion passed. All in favor.**

Information/Committee observations: Flom distributed information on an upcoming Wisconsin Counties Association seminar titled Creating aging-friendly communities in Wisconsin: how prepared is your county for the coming 'age wage'?

A thank you letter from Milltown Lutheran Church was shared regarding the acceptance of the two donated kitchen items from the Milltown meal site.

Flom shared a letter that went out to a concerned citizen regarding the \$7.25 cost per meal for the meals on wheels program.

Next Meeting Date and Finance committee meeting date: The next meeting will be held on **Tuesday, November 16, 2010** at 8:30am. The finance committee will meet at **8:15 am** and will include Warren Nelson, Kris Kremer-Hartung and Pat Schmidt. Viola Karr will be excused from the meeting.

Adjourn: 9:59 am **Motion by Hartung and second by W. Nelson to adjourn. Motion passed. All in favor.**

(Pending approval at the meeting of the Council on Aging, November 16, 2010)