

AGING ADVISORY COMMITTEE
JULY 10, 2012

Present: Karen Krupa, Viola Karr, Patricia Schmidt, Janice Nelson, Joyce Bergstrand

Also present: Laura Neve, Tonya Eichel, Marsha Stoeberl, and Deb Miller

Meeting called to order by Chair Pat Schmidt at: 1:30pm

Motion to approve agenda was made by Viola Karr Seconded Janice Nelson motion carried: unanimous

Motion to approve April 10, 2012 Minutes: Joyce Bergstrand Seconded by Janice Nelson Motion carried: unanimous

Election of Officers:

Nomination for Chair:

Patricia Schmidt

Motion to close nominations made by Janice Nelson seconded by Karen Krupa Motion carried – unanimous

Pat Schmidt is Chair

Nomination for Vice Chair:

Karen Krupa

Motion to close nominations made by Janice Nelson Seconded by Viola Karr Motion Carried – unanimous

Karen Krupa is Vice Chair

Director Neve went over the new roles of the committee with the Aging/ADRC merger. John Schnauble has contacted Director Neve and advised that there has been a notice sent out as to the changes being made around the State. GWAAR sent a letter encouraging the merger and so it has happened also in Burnett so the anticipation at the State level it will be happening all across the state.

The anticipation is there will be multiple counties merging around the state. There has been a letter sent out with regard to the committee structure. This committee was the Commission on Aging for Polk. With the Aging Plan a combined Aging Plan the ADRC Board will be the group that will have the final say and vote approving the Aging Plan for the service areas of Polk and Burnett. This will be a switch from the local committee to

the combined ADRC Board. The responsibility is to draft a plan for the service areas but keeping in mind the different needs as to the separate communities. The eyes and ears of what is happening out in the communities along with the positives and negatives is this committee.

The committees should be focused on the specific needs of each county. Each area needs to focus on a very specific plan that is unique to each community. You are each given assignments as to the mailing that was sent out to you. The function is you will be serving as to help develop the plan and then it will go to the ADRC Board for final vote and then for submission to the State.

What we need from you is really programming expertise as far as we will have our regular meetings and explain to you how the programs are now and how we are looking at developing them within the different communities. We need from you is the feed back and how the community needs it and this may not necessarily be how we see it.

The Guidelines from the State is a minimum of quarterly meetings. There will be times that we will not need you to meet and then there are times that we will really need you to meet more often. We are making several changes in house with programming and Laura is asking that we have a meeting at least next month. Any questions or concerns with regard to the changes in roles?

This agenda will be pretty much stuck to the format that was given out for this meeting.

Director Neve will give updates that are a little more general updates from the agency.

Marsha Stoeberl is the new supervisor for nutrition and Tonya Eichelt for transportation.

Discussion was had on meeting dates and times and what information would be beneficial.

Motion to have the meetings on the second Tuesday of month at 9:00am. Joyce Bergstrand Second by Janice Nelson

Until and unless Laura does not need them to have a meeting but she is requesting one a month at least through the plan period.

Motion to amend meeting time to 8:45am from Viola Karr Seconded by Janice Nelson for: 0 opposed unanimous– vote failed.

Original Motion carried - unanimous

Meetings to be held in the ADRC conference room in Balsam Lake.

Reports:

ADRC Board: Joyce Bergstrand and Pat Schmidt with Pat giving a generalized report. Pat asked if the Committee would like the Minutes for the ADRC Board meetings. They voted yes to receive ADRC Board Minutes.

Pat handed out an email copy from the Red Cliff Band of Superior regarding LogistiCare. Laura stated if we have enough interest we could get the van to go. (Tentative schedule) Laura will make a contact to see if it has been firmed up and we can see who is all interested and we can use the van to take people to that meeting. Laura believes she may be able to go.

Karen Krupa asked who is all on the ADRC Board. Pat Schmidt stated when the Minutes for the ADRC meetings are sent out they will have the listed board members.

Polk County Fair would be a good place to get out the information of the merger.

Janice Nelson asked if the time they serve on the committee starts over now or does it continue from the before date? Laura will check with John/State on that question.

Director's Report: Merger for Burnett Aging has finally taken place as of June 11 and on that the day the Aging Staff came on board. Marsha Stoeberl is the supervisor with the Aging focus; however, she is housed in the Burnett office and then is pulled down into Polk when needed. Her primary focus is nutrition.

Marsha Stoeberl stated she is a registered dietician and has been self employed for the past 12 – 13 years, consulting nursing homes, WIC, hospitals, clinical and individual nutrition. She also used to cook in Burnett so when the cooks talk about something she knows what they are talking about. She has had some caregiver experience with her parents as well. She grew up in Polk but lives in Burnett. As part of the nutrition in aging, the question was asked, what will she do with that issue? Marsha stated she makes over sees Alliance and the nutrition sites for Polk and over sees the Burnett nutrition sites.

Tonya Eichelt – She is dealing with transportation, EBD, BD, & I & A. Tonya explains she was a Barron County Long Term Support Worker and then she was the supervisor for the ADRC in Barron County. It was easy for her to come to Polk and as she already knew pretty much what she was doing. She has lots of experience with merged Aging programs. She lives in Polk County and is not upset she is not driving Highway 8. It is fun to put the two programs together.

Laura states they have now hired the Program Coordinator, Dawn Sargent. The function that she is hired for is for the communications person. We need the information flow with regard to all aspects. Basic information coordination and how they tie together. She is taking a lead on all the coordination efforts.

Internal Re-Organization has been done.

Laura also passed out a brochure on the Memory Loss support group. It is in Burnett but if you know of someone who lives in the Northern part of the County please pass this along.

Marsha Stoeberl: May report 2582, 1965 was home delivered meals and 600+ for congregate meals. Largest is Frederic and home delivered is Mill town. The average congregate donations are \$2.90 in via mail. (\$2.86 is the ytd avg.) Meals are \$3.49 per meal that Alliance gets paid. The staff is pretty stable in those groups. There is a management meeting next week to see what is on the back burner and get some of those things taken care of. Maybe do an event to pull people in to see what interest is out there before we decide anything to shut something down. The question was asked: Are the vans going to continue to deliver the meals? No, Thursday the change will be made. Janice said she will volunteer drive for the meals if needed.

Karen talked about the Volunteer Recognition banquet. They are thinking about hosting the banquet at a more central location rather than at Peace Church. It would also be a joint volunteer recognition. Laura asked if it was rotated. Vi Karr stated they used to rotate and each site would do a certain thing for cooking but now they don't rotate anymore. Karen stated they are possibly looking at having it at Balsam Lake. Laura would like to thank Laurie Ince on our staff and Karen Krupa and her staff for working so hard on the banquet.

Tonya states she is looking at transportation and how it works in each county. We seem to be more focused on Polk right now because of the Transportation Corp. We are analyzing quite a bit our time and trying to make changes to be as efficient as possible. Burnett has a great volunteer program at the moment and Dawn Sargent is in charge of that program.

Benefit Specialists: Judy Brusletten has submitted her intent to retire the end of August. We are going to miss her and will be going to replace her with a full time elderly benefit placement.

Laura stated the Fair schedule has been set for this year. We will be there 8am – 8pm and Interfaith is there 10am – 6pm and it is a retraining of the entire county to get it a crossed that we are still Aging programs but under the ADRC.

Laura stated we are in the process of getting the website up to date. It needs to be a bit more user friendly and Tonya and Dawn are trying to get it up to speed. Marketing and out reach is the key and we would like to run this like a private business. We need to be marketing our product and service so that they know we are here. We will go out to churches and anywhere so that we can educate our communities. If you know of a function or church that we should speak too, please let us know so that we can educate them.

Karen stated she has heard the update on WXCE radio.

State is looking at the I & A Specialist doing some memory screens capturing some of the people with Alzheimer's and dementia and that is big on the States radar right now.

Tonya asked that if the driver's call the committee members please refer them to Tonya so that she can help explain to them in more detail what is being requested.

Laura asked if anyone is attending the Veterans Transportation meeting? Anyone can attend and we can take a van also. If you are interested let us know as soon as possible.

Round table discussion:

Laura is hoping to gather from the committee we have the surveys that we will be using and she would like to gather some information and she is going to throw these out to you or take it home and think about it. There are focus areas that the state wants us to get put into a plan. She wants general information from you on the following:

Development of a system: come up with system for older people, an example might be to work with community agencies to develop a community service. What could we partner on with other groups that we could be working on?

Taxi service that would cover certain areas....

Loneliness – a program in Human Services for mentoring children could be an idea we could connect the elderly with the children or even visiting mentoring – even elderly to elderly. Even having someone make a phone call to someone every day would be a type of mentoring.

Alzheimer's is another focus is there any place you can see for that area?

Powerful tools for caregivers, respite care, etc. Karen states the problem is they cannot toilet people with volunteers and then they should make the referral for ADRC.

Laura asked if there is anything missing in this area. Over night respite care is a weak area.

Evidence based programming push. Marsha and Dawn are taking the lead on that. They are limiting the use of the dollars that have been proven to be evidence based. What topics need to be made? Falls, prevention, activity planning what you think on this community what topic would be prevention programming.

Local focus area could be nursing home depression.

Elderly depression /suicide preventions – Polk is highest in the State. Pat stated that books by mail will be gone. We need to figure out how to serve the local people through the libraries. Get cooperation within the library to help our elderly within our community get the books they need.

Karen states Interfaith does pick up the books and deliver them.

Motion to adjourn made by Janice Nelson Second by Joyce Bergstrand – Motion Carried unanimous

Meeting adjourned at 3:00pm. Minutes by Deb Miller

